

## LEADERSHIP COACHING SOLUTIONS

For Visionaries, Executives and Entrepreneurs







Beyond the Boardroom

the collaborators
REENA DAYAL . EXECUTIVE LIFE COACH



# Reena Dayal and The Collaborators

Reena Dayal is an Author, Coach, Mentor and Trainer based out of India and the U.K. She has a track record of 24 years working as a global HR leader in the hospitality, technology, insurance and health sectors.

Recognising the demands and challenges faced by senior leaders and building on her personal experiences and passion for accelerated leadership development, she founded The Collaborators UK Ltd. in 2013.

This unique executive coaching company draws on the best elements of Eastern and Western Coaching, Mentoring and Consulting ideas, knowledge and methods.

Reena believes in the philosophy of collaboration, which is engrained in her client coach contract and in her way of conducting her business.

She is a solopreneur who actively selects experienced coaches, specialist and subject matter experts from around the world on a project basis. Her aim is simple: access high benchmarks of quality and offer exceptional expertise and unique experiences to clients.

Our client niche includes aspiring CEOs. future Visionaries, emerging Entrepreneurs, high potential talent and diverse teams.



...she instantly connected with the whole team and everyone felt very comfortable. She has solid subject matter expertise and was able to help the team problem solve on queries individually. By the end of the day a very diverse team connected with each other at a personal and team level.

#### RUCHI KOHLI,

FSG, workshop sponsor

...she is sympathetic yet balanced, she helps you get a 360-degree perspective. The coaching sessions were worth their weight in gold. They helped me clearly understand my situation, re-frame the issue and formulate an actionable plan.

#### SUSHANT PANDA,

Tagos, individual client

...helped me to think more critically/ clearly about my current way of living and working. Helped me to decide what I want and what I do not want in my future. I feel ready to embrace my 'transition' by the end of 2017. I have already started taking action.

#### ANTOINETTE VAN VUGT,

Oxfam, individual client





### Our coaching services

We believe in the power of collaboration where the coach and client are partners, working towards one common objective: achieving the client's goal.

Accelerated Leadership Development: Galvanise personal and professional growth to occupy CEO or CEO successor roles within agreed time frames.

Women in Leadership: Strengthen individual brand, leadership style and inner confidence, while achieving specific personal and professional goals.

Transition Coaching: Explore hidden options, make pragmatic choices and galvanise action plans that maximise benefits and minimise stress points.

Visionary Capabilities: Grow from being a leader to a visionary who has their eye firmly fixed on the future, seeing the bigger picture and exuding a strong energetic presence

Team Productivity: Raise individual and collective output, collaborative spirit and motivation levels with a focus on team diversity.

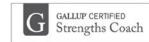
Authentic Leadership: Be more of who you are but with skill; stand out rather than fit in; be a legacy role model to yourself, your teams and businesses.











#### The freedom of choice is yours



#### **Individual Offerings**

90 minute debrief and strategy session on Energy Leadership Index Assessment or Gallup Strengths Finder, or 5 sessions 'Boot Camp' aimed to achieve a specific goal or challenge, or up to 10 sessions Self-mastery program aimed at holistic transformation.



Highly engaging Speaker sessions for team networking or Corporate/ Supplier events. Group coaching workshops for in-house teams aligned to a team goal or aspiration.



#### Premium Product

For leaders and teams looking for a very exclusive and unique leadership coaching experience, the East meets West Leadership Summits is your answer.

# The Book. The Brilliance Quotient.

Leaders in organisations everywhere are experiencing a continuous evolution of norms and dispositions. Disruption in the socio-economic environment, business models, technology, even in our personal lifestyles are resulting in complex challenges and added work-life pressures.

Equally, this is an exciting time for senior leaders, high performing key talent and new age entrepreneurs who dare to dream and stretch themselves beyond their current abilities. It is a time for them to break through boundaries and re-write rules.

The author dips into ancient wisdom, new-age thinking, neuroscience and collaborates with leading business leaders and practitioners to develop a powerful approach, called The Brilliance Quotient. It will galvanise leaders to define and pursue their chosen path and benchmarks of personal brilliance.



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Leaders beware the hidden power this book contains as it will skyrocket your team to the top. The question is: can you handle it? Applying the principles of this book will not only help your company reach its goals but, provide a blueprint for constant success!

This book is worth its weight in diamond and much much more!

It is a wonderful tool that provides valuable insights to help you gain unlimited energy to stay focused and achieve your dreams, goals and mission.

KATHY TUCCARO,

Author of Dream Big

VLADIMIR FRANCOIS,

Author of Broken Knowledge

ERIC TEH,

Author of Life Sucks!

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- The science behind default thinking patterns
- How to achieve breakthrough results
- Powerful ways to Influence people
- How to develop and trust your intuition
- How to become an extraordinary Visionary
- The secrets to consistent out-performance
- Reframes for key levers in the business landscape
- The pieces of the puzzle coming together to form The Brilliance Quotient.

**Featuring:** Energy Leadership<sup>TM</sup>, Values Assessment exercise and self-reflection questions for rapid learning and assimilation



Over two dozen global executives and thought leaders were invited to contribute towards the research of this book. Many of them have been quoted, with the aim to bring their insights and wisdom directly to you. All inclusions are exclusive interviews given to Reena. Here are a few excerpts...



If a Leader has conditioned themselves to react with anger to get the work done — it's to understand that there is no blame...but the question is how well is it working for the Leader? If we were to look at other ways for them to interact with people, to get their point across, to be heard, to feel better about themselves, to have a more enjoyable work experience, to get a sense of more peace, more fulfilment and yet get the work done, how willing would they be to look at those options?

BRUCE D. SCHNEIDER.

iPEC founder and creator of Energy Leadership™

It's not about the women — it's about the culture we live in. It's still an issue. Before we get to be different, we need to get to the equality table. Right now I feel, that progress is stalling, especially with board representation. We made some great strides immediately after the Davies Review but now it seems stagnant. How do we ensure that all organisations value difference, actively seek it and that opportunities are attractive to all?

LEIGH LAFEVER-AYER,

**HRD Enterprise Rent-A-Car** 

High performers will be those on their 'A' game. Our 'A' game may arise through augmented technology, or because we are naturally attuned and in touch with our emotions, our body, our thinking and our spatial awareness. This state of 'Flow' is where we are performing at the highest level of our skills in a challenging environment. This zone is where you are not distracted by anything and will be deeply focused on the task at hand.

ADE McCORMACK.

Near futurist & Digital strategist

Currently Botswana is challenged in that our economic growth is slowing down. For many years we have relied heavily (around 50% of GDP) on diamonds. The 2015–16 Global Competitiveness Report, which is published by the World Economic Forum, ranks Botswana 71 out of 140 nations. Our argument is that one of the swiftest ways to bring about a deep and sustainable change in productivity and work ethic is to use strengths-based development as a lever.

MOSES NGORIMA

& LEAH GWANGWA,

Gallup-Certified Strengths Coach

Sometimes I see CEOs struggle with diversity of scale of change and diversity of people. Or perhaps CEOs coming from a finance route or more traditional businesses can be quite rigid on projects, as they expect things to be done in a certain way and within defined budgets. Progressive organisations in the public sector need to be more open individuals from a diverse range of backgrounds, and I see that change happening now.

SALLY WILSON,

Page Executive, Public Sector and Regulated Industries

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# the East meets West Leadership Summits

Welcome to our premium product that takes your personal and professional challenges and opportunities head on. You are in for a treat! This powerful one year development program, described as a journey into the inner world of a Visionary, is a journey of infinite possibilities. It follows three phases as you move towards the final summit.

You kick start your journey with a 6 day residential coaching retreat in an exotic location in India. The aim is to immerse yourself in experiences that will shift your thinking patterns and mindset. This is followed by an action learning phase where you are supported with virtual coaching sessions, group webinars, peer to peer coaching spread over

6 - 8 months. After this, you travel back to India for an advanced 6 day coaching retreat at 11,000 feet in the lap of the mighty Himalayas (Ladakh). This is your final summit before you consolidate with one final one-to-one coaching session.

#### **Our USP**

- You choose where you start your development journey. We offer a
  choice of 3 exotic locations in India, with different experiences to suit
  personal styles. Our coaching retreats are owner driven and not part
  of a hotel chain, bringing in their own unique touch and personality.
- 2. You experience different philosophies and techniques. In the workshops we include an eclectic mix of Eastern and Western methods to accelerate your growth. You then get a chance to maintain the momentum through a structured, outcome based follow up action learning.
- 3. The team that works for and with you includes executive coaches, Ayurveda, Yoga and Meditation teachers, Monks, travel logistics planners and outdoor activity specialists. We work on the bigger picture and every minute detail so you can focus on your innermost reactions to these amazing experiences.



#### STUNNING LOCATIONS AND EXPERIENCES

The first residential coaching retreat is called 'Dhyaan', a sanskrit word that means 'considered thought.' Designed for immediate impact, they are also available as a stand-alone offering. Participants are invited to choose one of three locations:

#### KANYAKUMARI

#### 28 OCTOBER - 4 NOVEMBER, 2017\*

- Rejuvenate in a luxury Ayurveda Spa
- Soak in a splendid sunset at the confluence of the Indian Ocean, Bay of Bengal and Arabian Sea
- Rejuvenate with Ayurveda massages
- Explore how a rubber plantation functions
- Immerse yourself in local music, local cuisine and dance performances

#### **JAIPUR**

#### 21-28 NOVEMBER, 2017\*

- Luxuriate in a heritage hotel
- Lose yourself in the bazaars of Jaipur and explore the heritage of the forts
- Enjoy a horse riding and grooming session and elephant rides
- Interact with Indian artisans and tradesmen
- Enjoy a cooking demonstration of recipes passed down through the family

#### RISHIKESH

#### 9-16 DECEMBER, 2017\*

- Relax in a beautiful adventure resort away from the crowds
- Enjoy a guided mountain village trek
- Listen to soulful Sufi music and strike up conversations beside a bonfire.
- Feel alive as you Kayak and raft on the holy River Ganges.
- Spend a day at a charity children's school



All retreats include daily yoga and mediation sessions and highly experiential coaching workshops based on an eclectic mix of Eastern and Western techniques. Access to swimming pool, board and lodging included in the package. \*Number of days include 2 days entry and exit points in and out of India.

## the collaborators



...because for some the question is not whether they are ready to transform, but whether they know how to transform.

**REENA DAYAL** 



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